



FOOD MENU



PUB CLASSICS

Ham, Eggs and Chips (4) 10

Slices of ham from Hedger's Butchers across the road, 2 free-range fried eggs, grilled tomato and chips.

Scampi & Chips (2,3) 13.50

Wholetail breaded Scampi served with chips and wedge of lemon

+ peas + 1

Battered Fish & Chunky Chips (2,5) 13.50

+ peas + 1

CHECK OUT OUR PIZZA MENU

Margherita (2,7)

Tomato sauce, shredded mozzarella, and a touch of olive oil & Italian herbs

6

Veggie (2,7)

Margherita with Mushrooms, Peppers, artichoke & Olives
Add Hot Honey for 50p - Vegan without cheese

8

Ham & Prosciutto (2,7)

Margherita with Hedger's Ham & Prosciutto

8

3 Cheese (2,7)

Margherita with cheddar, blue cheese or Brie

8

Spicy Meat Feast (2,7)

Margherita with Pepperoni & Chorizo with Jalapeño slices

8

BURGERS & HOT DOGS

All burgers & hotdogs served with fries

The Dirty Unicorn (2,4,10,13) 10

flamed grilled burger with fried onions, American cheese, and our Down 'n' Dirty sauce, all in a poppy & linseed sourdough roll

The Vegan ♡ (2) 10

spicy plant based patty, lettuce, fried onions, all in a poppy & linseed sourdough roll

The Chicken Burger (2) 10

battered breast of chicken, mayo & lettuce, all in a poppy & linseed sourdough roll

Add on to any of the above

Chilli + 2

Bacon + 1

Egg + 1

Blue Cheese + 1

Extra patty + 2

Coney Island Style Chilli (2) 10

Dog - Bockwurst (1,2,7,9,13) or

Vegan ♡ (1,2,9,13)

Look out for Dish of The Week - Freshly made every Friday

Please note, as we have a small kitchen, large orders may take time being served



Vegetarian



Vegan

For allergen information, please see full list on the back page
The Number indicated on the Menu refers to this List.

C H I L L I

9

with a choice of rice or fries.

Beef Chilli (2,7)

with soured cream and cheese.

Plant Based Chilli (1,2,9)

with soured cream and cheese

Vegan without cheese and sour cream

+ guacamole

+ 1

T O A S T E D S A N D W I C H E S

all served with crisps (2)

- Ham, Bacon or Egg (4) **4**
- Ham & Cheese (7) **5**
- Bacon & Cheese or Mushroom (7) **5**
- Cheese & Tomato (7) **5**
- BLT **5**
- Bacon & Egg (4) **5**

L I T E B I T E S & S H A R E R S

Chips(Fries or Chunky)

4

with melted cheese (7)

+ 1

Loaded Nachos - beef (2,7) or veggie (1,2,9)

10

tortilla chips served with chilli, salsa,
soured cream, guacamole & cheese.

Simple Nachos - (1,2,7,9)

6.5

tortilla chips served with, salsa, soured
cream, guacamole & cheese.

Beer Battered Onion Rings (2)

5

served with soured cream or BBQ
sauce. Good for sharing.

Homemade Halloumi Fries (7)

6

served with sweet chilli dip.

Good for sharing.

Jacket Potato

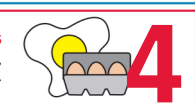
6

- o Cheese & Beans (7)
- o Tuna Mayo
- o Cheese & Bacon (7)
- o Cheese & Mushroom (7)
- o Chilli (Beef or Vegan) (2,7)(1,2,9)
Add Cheese - 1 (7)

14 Allergens

Food businesses must provide information about the allergenic ingredients used in any food they sell or provide.

There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food. Here are the allergens, and some examples of where they can be found:

	1 Celery This includes celery stalks, leaves, seeds and the root called celeriac. You can find celery in celery salt, salads, some meat products, soups and stock cubes.
2 Cereals containing gluten Wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats are often found in foods containing flour, such as some types of baking powder, batter, breadcrumbs, bread, cakes, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.	
	3 Crustaceans Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.
Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.	
	5 Fish You will find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.
Yes, lupin is a flower, but it's also found in flour! Lupin flour and seeds can be used in some types of bread, pastries and even in pasta.	
	7 Milk Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups and sauces.
8	Molluscs These include mussels, land snails, squid and whelks, but can also be commonly found in oyster sauce or as an ingredient in fish stews. 
	9 Mustard Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.
Not to be mistaken with peanuts (which are actually a legume and grow underground), this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts. You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan (almond paste), nut oils and sauces.	
	11 Peanuts Peanuts are actually a legume and grow underground, which is why it's sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as in groundnut oil and peanut flour.
These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.	
	13 Soya Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice cream, meat products, sauces and vegetarian products.
Sulphur dioxide (sometimes known as sulphites) This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetables as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.	

For more information, visit: food.gov.uk/allergy or nhs.uk/conditions/allergies

✉ Sign up to our allergy alerts on food.gov.uk/email, or follow #AllergyAlert on Twitter and Facebook

f Let's keep connected at food.gov.uk/facebook

t Join our conversation @[food.gov.uk/twitter](https://twitter.com/foodgovuk)

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